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Support for better life!

You're Invited!

Join us for the fourth in a series of Allard UK Educational Lunchtime Talks



Ehlers-Danlos Syndrome (EDS) & Lycra

Exploring the Role of Dynamic Compression Garments in the Management of EDS

Wednesday 2 December 2026

Online Via Microsoft Teams

Duration 1 hour, start time 12:30

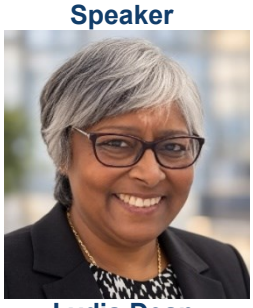
Join us for a clinically focused Lunchtime Talk exploring EDS and the potential role of HyMo & Elements Body Dynamic Compression garments in patient management.

During this session, we will focus on:

- ✓ Understanding EDS and its impact on movement, stability and function
- ✓ The challenges EDS can present in day-to-day activities and mobility
- ✓ The principles behind dynamic compression
- ✓ How dynamic compression garments may influence proprioceptive input, postural control, pain and movement
- ✓ Clinical considerations and patient selection
- ✓ Practical examples and discussion

This session is aimed at Physiotherapists, Orthotists, Occupational Therapists and other healthcare professionals working with patients with EDS. There will be an opportunity for questions and clinical discussion.

Speaker



Lydia Dean

HCPC Registered OT with over 49 years' experience as an Occupational Therapist, including 39 years specialising in hand therapy and splinting, and 31 years in the clinical application of Lycra® garments as an adjunct to therapy.

REGISTER HERE

You can also register via: https://www.allarduk.co.uk/Professional/education/seminars



Grab a cuppa and join us online for an hour of clinical learning!

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